

## Tuesday, October 1

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Property Preservation Commission Meeting: September 24

## Wednesday, October 2

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. CCPA Performances: Estampas Porteñas Tango
- 7:00 p.m. Planning Commission Meeting: October 2

## Thursday, October 3

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Planning Commission Meeting: October 2
- 7:00 p.m. Parks and Recreation Commission Meeting: October 3

## Friday, October 4

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Planning Commission Meeting: October 2
- 3:00 p.m. Parks and Recreation Commission Meeting: October 3

## Saturday, October 5

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. Mayor's Weekly 60
- 7:00 p.m. Cerritos Resident Talent Showcase 2024

## Sunday, October 6

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Parks and Recreation Commission Meeting: October 3
- 1:00 p.m. Mayor's Weekly 60
- 4:00 p.m. Planning Commission Meeting: October 2
- 8:00 p.m. CCPA Performances: Benise

## Monday, October 7

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 2:00 p.m. Parks and Recreation Commission Meeting: October 3
- 7:00 p.m. City Council Meeting: October 7

## Tuesday, October 8

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Parks and Recreation Commission Meeting: October 3
- 7:00 p.m. Cerritos Resident Talent Showcase 2024

## Wednesday, October 9

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Planning Commission Meeting: October 2

## Thursday, October 10

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. CCPA Performances: Estampas Porteñas Tango
- 8:00 p.m. CCPA Performances: Benise

## Friday, October 11

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. If You See Something
- 7:00 p.m. City Council Meeting: October 7

## Saturday, October 12

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. City Council Meeting: October 7
- 10:00 p.m. CCPA Performances: Ana Popovic

### Sunday, October 13

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. CCPA Performances: Estampas Porteñas Tango
- 1:00 p.m. Mayor's Weekly 60
- 5:00 p.m. City Council Meeting: October 7

### Monday, October 14

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Meeting: October 7
- 9:00 p.m. Mayor's Weekly 60

### Tuesday, October 15

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. CCPA Performances: Benise

### Wednesday, October 16

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 8:00 p.m. CCPA Performances: Estampas Porteñas Tango

### Thursday, October 17

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. CCPA Performances: Benise
- 8:00 p.m. CCPA Performances: Golden Dragon Acrobats

### Friday, October 18

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. If You See Something
- 7:00 p.m. CCPA Performances: Latin Rock R&B Show
- 9:00 p.m. CCPA Performances: Jumaane Smith

### Saturday, October 19

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. Cerritos Resident Talent Showcase 2024

### Sunday, October 20

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. CCPA Performances: Bronx Wanderers
- 7:00 p.m. Mayor's Weekly 60
- 9:00 p.m. CCPA Performances: Estampas Porteñas Tango

### Monday, October 21

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 8:00 p.m. CCPA Performances: Benise

### Tuesday, October 22

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Mayor's Weekly 60
- 3:00 p.m. CCPA Performances: Estampas Porteñas Tango

### Wednesday, October 23

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Cerritos Resident Talent Showcase 2024

### Thursday, October 24

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Meeting: October 24

### Friday, October 25

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Meeting: October 24

## Saturday, October 26

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. City Council Meeting: October 24

## Sunday, October 27

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 5:00 p.m. City Council Meeting: October 24

## Monday, October 28

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Meeting: October 24
- 8:00 p.m. CCPA Performances: Estampas Porteñas Tango

## Tuesday, October 29

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Property Preservation Commission Meeting:  
October 29

## Wednesday, October 30

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting:  
October 29
- 9:00 p.m. CCPA Performances: Benise

## Thursday, October 31

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. Property Preservation Commission Meeting:  
October 29